

LIGHT COUNSELING, INC.
CLIENT INFORMATION

Name _____ What do you prefer to be called _____

Who referred you to Light, or how did you find out about us? _____

Address _____

Street Address City State Zip Code

Birthdate _____ Age _____

Home Phone _____ Work _____ Cell _____

Parent/ Guardian _____ Relationship _____

Current Relationship Status: () Single () Dating () Engaged () Married () Divorced
() Separated () Widowed () Remarried.

Are you content with your current status? () Yes () No. If No, briefly explain:

Spouse's Name & Age _____ Number of Years Married _____

Number of marriages for client _____ for spouse _____ Any Children () Yes () No

<u>Name of Children</u>	<u>Sex/Age</u>	<u>Name</u>	<u>Sex/Age</u>
1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____
3. _____	_____	6. _____	_____

Who presently lives in your household? _____

Emergency Contact Name/ Relationship _____ Phone _____

Education Information

Education Completed () 9 () 10 () 11 () 12 () GED: College () 1 () 2 () 3 () 4 Other _____

Currently in school? Yes No. If yes, what school and what grade? _____

Place of Employment _____ Job Title _____

Have you ever been unable to work? _____ If yes, explain _____

Religious Background/ Involvement? Describe: _____

Are there any religious, cultural or ethnic issues we need to be aware of? _____

If yes, describe: _____

Have you ever been to a counselor before? If yes, Who, what year, and why it ceased: _____

Medical information

Name of Medications/ Dosage/ Why Prescribed: _____

Name of Primary Physician or other treating Physicians, their area of specialty and what (if anything) you are being treated for: _____

List any Conditions, Illnesses, traumas, surgeries or hospitalizations: _____

Please circle any of the symptoms that apply:

Headaches, decrease in appetite, increase in appetite, intestinal problems, Difficulty sleeping, Fatigue, Low energy, Rapid heartbeat, Difficulty breathing, tension, stomach problems, Hearing voices, Hearing noises, Seeing things, Depression, Anxiety, Hopelessness, Eating Disorder, Shyness, Guilt, Stress, Panic, Fears, Grief, Unwanted thoughts, Bad Dreams, Finances, Making Decisions, Apathy, Terminal Illness, Anger, Racing Thoughts, Impulsiveness, Loss of Control, Legal Matters, Marital Problems, Verbal Abuse, Sexual Abuse, Physical Abuse, Compulsiveness, Recent Loss, Career Choices, Sexual Problems, Drugs, Alcohol Abuse, increase in smoking, excessive caffeine intake, Concentration, Memory, Self-Control, Temper, Other? _____

Current Problem (s) Reasons (s) for coming to Light Counseling? _____

What prompted you to come for counseling now? _____

Have you ever been hospitalized for emotional/mental problems? If yes, when & where? _____

Have you ever attempted suicide? () Yes () No If yes, how long ago? _____

Are you currently having any suicidal thoughts? () Yes () No

By signing below, I hereby give permission for the identified patient to receive counseling at Light Counseling, Inc.

Patient's Signature

Date

If Patient is under 18, signature of Parent/ Guardian

Date

Therapist's Signature

Date